

BEAUTY
from ASHES
LENT

WEEK TWO
CROSS MEDITATION

“Try and penetrate with our limited means the secrets of nature and you will find that, behind all the discernible laws and connections, there remains something subtle, intangible and inexplicable. Veneration for this force beyond anything that we can comprehend is my religion. To that extent I am, in fact, religious.”

-Albert Einstein-

OUR MINDS-GOD'S MIND

The mind is one of the most incredible things God ever created.

It is capable of so much.

Imagination
Intellect
Reason
Creativity
Dreams
Fear
Will

It is even capable of pondering it's own limitations.

One of the most challenging concepts for our minds to ponder, is the cross.

The cross is the great pradox of our faith. It presents us with the reality of death while promising something more. It is the manifistation of both cruelty and love. It is where we encounter, not only the heart of Jesus, but the mind of the Father.

It is the intersection of faith and mystery.

WEEK ONE

*Sign of the cross meditation
from A New Liturgy*

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WEEK TWO

God- we give you our minds

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WEEK THREE

God- we give you our hearts

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WEEK FOUR

God- we give you our past

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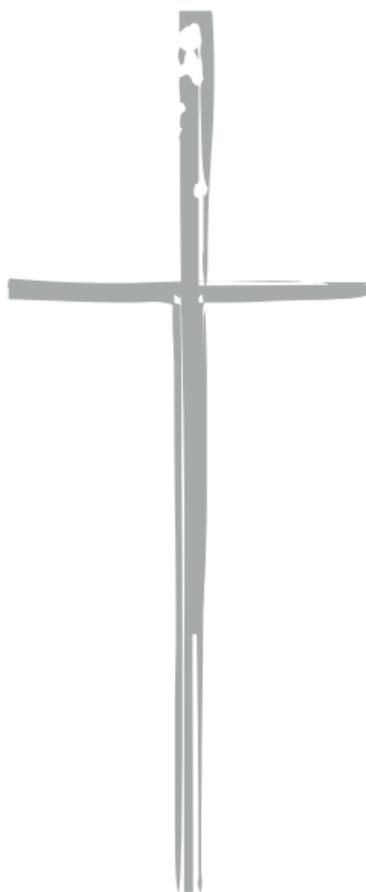
WEEK FIVE

God- we give you our future

LENT

MIND

Week 2



PAST

Week 4

FUTURE

Week 5

HEART

Week 3

THIS WEEK

By yourself, or together with your small group, listen and participate with this meditation on the mind of God. It takes about 7 minutes.

[CLICK HERE](#)

After you are finished, spend a few minutes in silent contemplation.

If you are in a group, spend a couple minutes talking about your experience.

How did this meditation make you feel, physically and/or emotionally?

How does God connect to you through the mind?

How is your mind connected to your emotions?

SCRIPTURE

Begin each morning this week by meditating on this passage.

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning.

Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it.

John 1:1-5